

Platinum

24/7 Preventive & Primary Care

Cooper Clinic

Platinum



Cooper Clinic
Preventive Medicine

COOPER AEROBICS CENTER • EST. 1970

“I’ve long advocated that it is easier and more cost effective to maintain good health than to regain it once it is lost. The answer to attain and maintain that good health is Cooper Clinic Platinum.”

– Kenneth H. Cooper, MD, MPH,
Founder and Chairman,
Cooper Aerobics Center

lifelong care



More than 45 years ago, Dr. Kenneth Cooper proposed what was at the time a revolutionary concept: the idea that you could live a better, longer life by simply maintaining good health.

At Cooper Clinic Platinum, we know that health care is on everyone’s mind. But today’s health care is no longer associated with personal care. It’s missing those important one-on-one interactions that made medicine what it used to be—a true partnership between patient and physician. At Cooper Clinic Platinum, we’re bringing personal attention and the patient/doctor bond back to the forefront.

As an exclusive Cooper Clinic Platinum member you will experience a world of personalized service, cutting-edge preventive medicine and advanced primary and acute medical care—all within your reach 24 hours a day, 7 days a week.



Beyond

People who are personally empowered to gain control over their health have a greater chance of making and sustaining lifelong positive changes.

complete

As a Platinum member, you will reap rewards well beyond the initial bond between you and your personal Platinum physician. Integrating preventive and primary care, fitness, nutrition and life balance, your Platinum physician will provide comprehensive care, looking at your health from all 360 degrees. More than that, your Platinum physician will act as your trusted advisor and health advocate, working with you proactively to prevent illness and maximize your quality of life now and for years to come.

And because wellness is the continuously active process of maintaining a healthy body and mind, your Platinum status entitles you to a complimentary membership to our renowned Cooper Fitness Center, with access to some of the world's leading professionals, facilities and programs.

Life is a journey. It evolves. It changes and it grows. Cooper Clinic Platinum wants to be your partner through it all and bring you a level of care you've never even imagined.



Privileges

*Membership in Cooper Clinic Platinum
is an investment in yourself with benefits
money can't buy.*

of membership

Your membership in Cooper Clinic Platinum is an investment in yourself with truly extraordinary benefits:

- 24/7 access to your board-certified Platinum physician and/or the team via phone, text or email
- Tailored wellness plan with guidance in exercise, nutrition, stress management and more
- Diagnosis and ongoing management of acute and reoccurring medical problems within the Cooper Clinic's current practice areas
- Same day or next business day appointments
- In-house laboratory and imaging services
- Nutrition and exercise counseling and guidance
- Annual/travel immunizations (available in-house)
- Complimentary Cooper Fitness Center membership
- Personalized referrals to preferred specialists or medical centers with assistance in scheduling appointments
- Hospital admission assistance
- Preferred pricing on Cooper Clinic cosmetic dermatology services
- Preferred pricing at Cooper Hotel
- Preferred pricing on Cooper Complete® nutritional supplements

Our goal is to establish a lifelong relationship with our patients—a relationship based on trust, personalized attention and compassionate care.

Partners in your health

From day one, your personal Platinum physician will build an individual relationship with you to ensure you receive priority attention, without the time constraints of the traditional medical practice.



Michael Chapman, MD

Dr. Michael Chapman is Medical Director of Cooper Clinic Platinum direct medicine practice and a preventive medicine physician. He joined Cooper Clinic in 2007 and as the first Platinum physician, he helped launch the practice in 2009.

Dr. Chapman received a Bachelor of Science graduating Summa Cum Laude from Baylor University and a Doctor of Medicine with High Honors from The University of Texas Medical Branch, Galveston. He completed his residency at the University of Kansas School of Medicine Via Christi Family Medicine Program. He is certified by the American Board of Family Medicine. Dr. Chapman is an Eagle Scout and a member of Alpha Omega Alpha Medical Honor Society.

Coaching his kids' soccer and baseball teams, serving on the Watermark Questcare Clinic Board of Directors, hunting and fishing and volunteering with the Boy Scouts are a few of Dr. Chapman's pastimes.



Emily G. Hebert, MD

Dr. Emily Hebert is a preventive medicine physician and a 24/7 Platinum physician for Cooper Clinic Platinum. She joined Cooper Clinic in 2012, and was added to the Platinum team in 2014.

Dr. Hebert received a Bachelor of Arts from the University of Dallas and a Doctor of Medicine from The University of Texas Health Science Center at Houston, where she completed an internal medicine and pediatrics internship and residency, serving as a chief medical resident. Before joining Cooper Clinic in 2012, Dr. Hebert was an internal medicine hospitalist at Baylor University Medical Center. She is certified by the American Board of Internal Medicine and is licensed by the Texas Board of Medical Examiners.

In her spare time, Dr. Hebert—a mother of three—enjoys reading fiction books, especially mysteries, shopping and traveling.



Tiers

*Personal physician, customized care, priority appointments
and individualized diagnostic testing. Everything you're
looking for and much more.*

of diagnostics

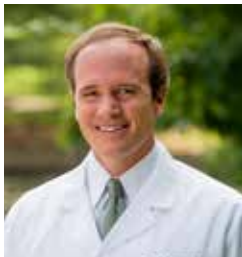
Cooper Clinic Platinum membership has two tiers of protection. The foundation of your protection is the annual Cooper Clinic comprehensive physical exam and personalized wellness plan by your Platinum physician or existing Cooper Clinic physician. You are **required to have an annual exam** unless otherwise deemed by your physician.

- The annual exam may include: Medical Exam; Laboratory Analysis; Treadmill Stress Testing; Multidetector Computed Tomography (MDCT) scan; Nutrition Consultation and Food Record Analysis; Skin Cancer Screening; Bone Density Screening; Digital Mammography; Medical Screenings of Vision, Hearing, Body Fat, Pulmonary/Lung Function and Oral Cancer; and Other Medically-Indicated Tests
- Imaging services include: Ultrasound; Contrast Studies; Recommended X-ray or CT Procedures

Based on the tier you choose, additional diagnostic services may be covered.

- Cardiology: Echocardiogram; CT Angiogram
- Gastroenterology: Colonoscopy; Endoscopy

Your total well-being



“No matter how old you are, or how many times you’ve given up in the effort to get healthy—you can be successful and you can start today.”

– Tyler C. Cooper, MD, MPH,
President and CEO,
Cooper Aerobics

Customized care, priority appointments and 24/7 access to your personal Platinum physician... Cooper Clinic Platinum will truly make a difference in your well-being and overall quality of life. The benefits bring healthy returns money can't buy. Couple that with the dividend of a healthier, happier future, and it's easy to see why you should join us today.

Enrich your life. Be more productive. Live longer.



Cooper Clinic™
Platinum

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