


Youth Fitness Class Schedule

August 2009

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45						Cooper Kids Challenge Course 6-12 yrs. • 9:45-10:30
10:00		Mother Goose Time 2-5 yrs. • 10-10:30	Creative Movement 2-4 yrs. • 10-10:30	Play Ball! 3-5 yrs. • 10-10:30	Gymnastics 3-5 yrs. • 10-10:30	
10:15						Creative Movement 2-4 yrs. • 10:30-11
10:30						
4:00						
4:15						
4:30		Kid Core 6-12 yrs. • 4:30-5	Basketball Blowout 6-12 yrs. • 4:30-5:15	Sports Mania! 6-12 yrs. • 4:30-5:15		
4:45						
5:00	Hip Hop 5-9 yrs. • 5-5:30	Cheer Prep 6-12 yrs. • 5-5:30	NEW! Intro to Volleyball 6-12 yrs. • 5:15-6	Gymnastics 5-12 yrs. • 5:15-6		
5:15	Kickboxing 5-12 yrs. • 5:30-6	Power Tumbling 6-12 yrs. • 5:30-6				
6:00						

Reservations may be made the day before or the day of the class.
 Please call the RC Corral at 214-383-1030 to reserve your child's spot.
Join us for our NEW Intro to Volleyball Class starting this month!