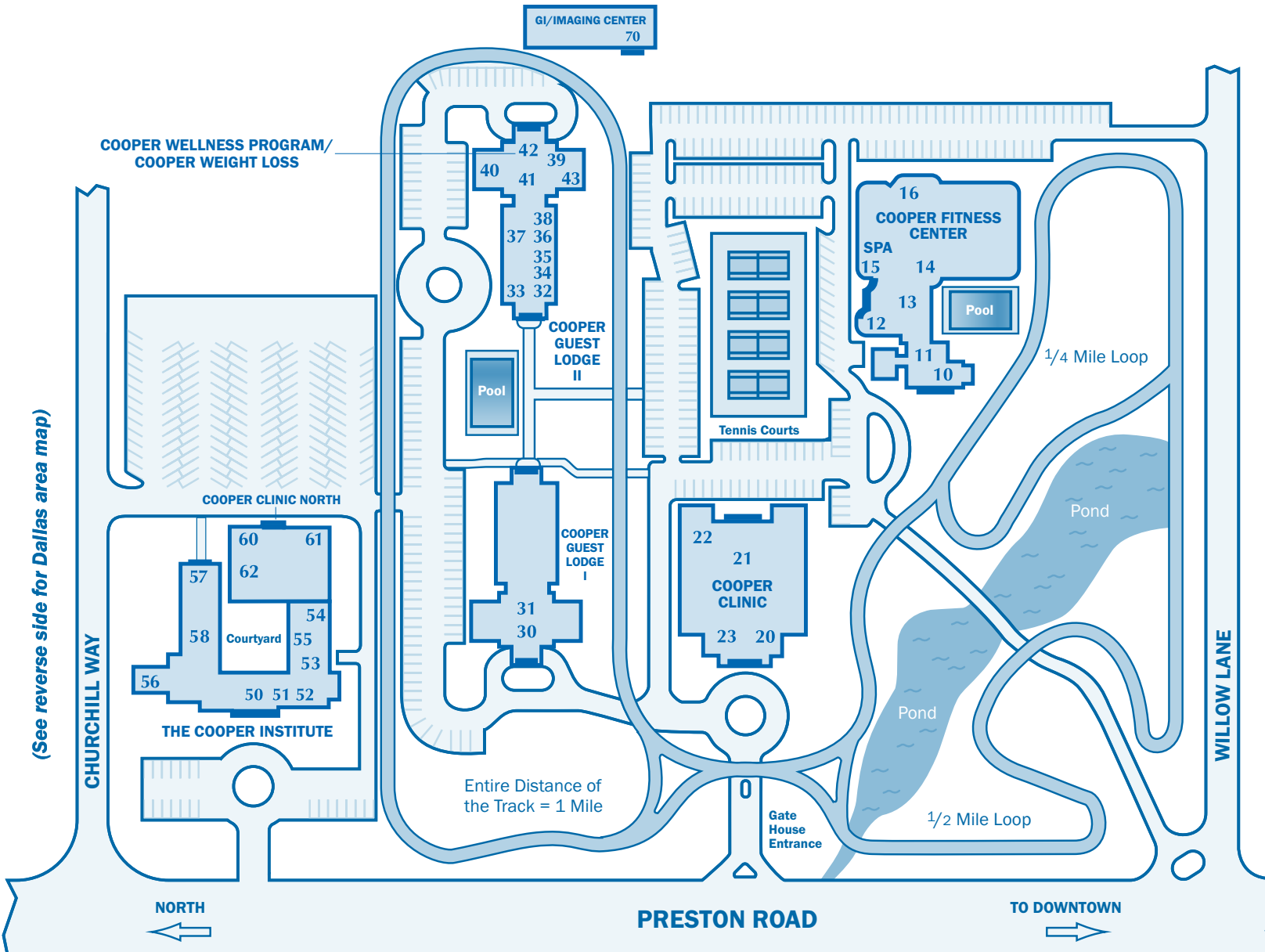


# Cooper Aerobics Center

## Dallas Campus



(See reverse side for Dallas area map)

### COOPER FITNESS CENTER AND COOPER SPA

- 10 Membership Office
- 11 Business Office
- 12 Tyler's Café
- 13 The Coop Pro Shop
- 14 Service Desk
- 15 Cooper Spa
- 16 Childcare, "Jungle Gym"

### COOPER CLINIC

- 20 Auditorium
- 21 Patient Check-in/Reception Area
- 22 Imaging/Noninvasive Cardiology
- 23 Nutrition Department (2<sup>nd</sup> floor)

**Cooper Clinic North** - refer to The Cooper Institute below (60)

**Cooper Clinic GI/Imaging Center** - see below (70)

### COOPER GUEST LODGE I

- 30 Front Desk
- 31 McKinney Room (2<sup>nd</sup> floor)

### COOPER GUEST LODGE II AND COOPER WELLNESS PROGRAM

- 32 Garden Room (for Guest Lodge guests, continental breakfast served here)
- 33 The Colonnade Restaurant
- 34 Nichols Room
- 35 Executive Lounge and Board Room
- 36 Baylor EMBA Program
- 37 The Cookery
- 38 Sales and Catering
- 39 Orthopedic Physical Therapy Specialists
- 40 Berkley Room
- 41 Carter Room (2<sup>nd</sup> floor)
- 42 Cooper Wellness Program/ Cooper Weight Loss (2<sup>nd</sup> floor)
- 43 Corporate Communications/Marketing and Cooper Concepts

### THE COOPER INSTITUTE

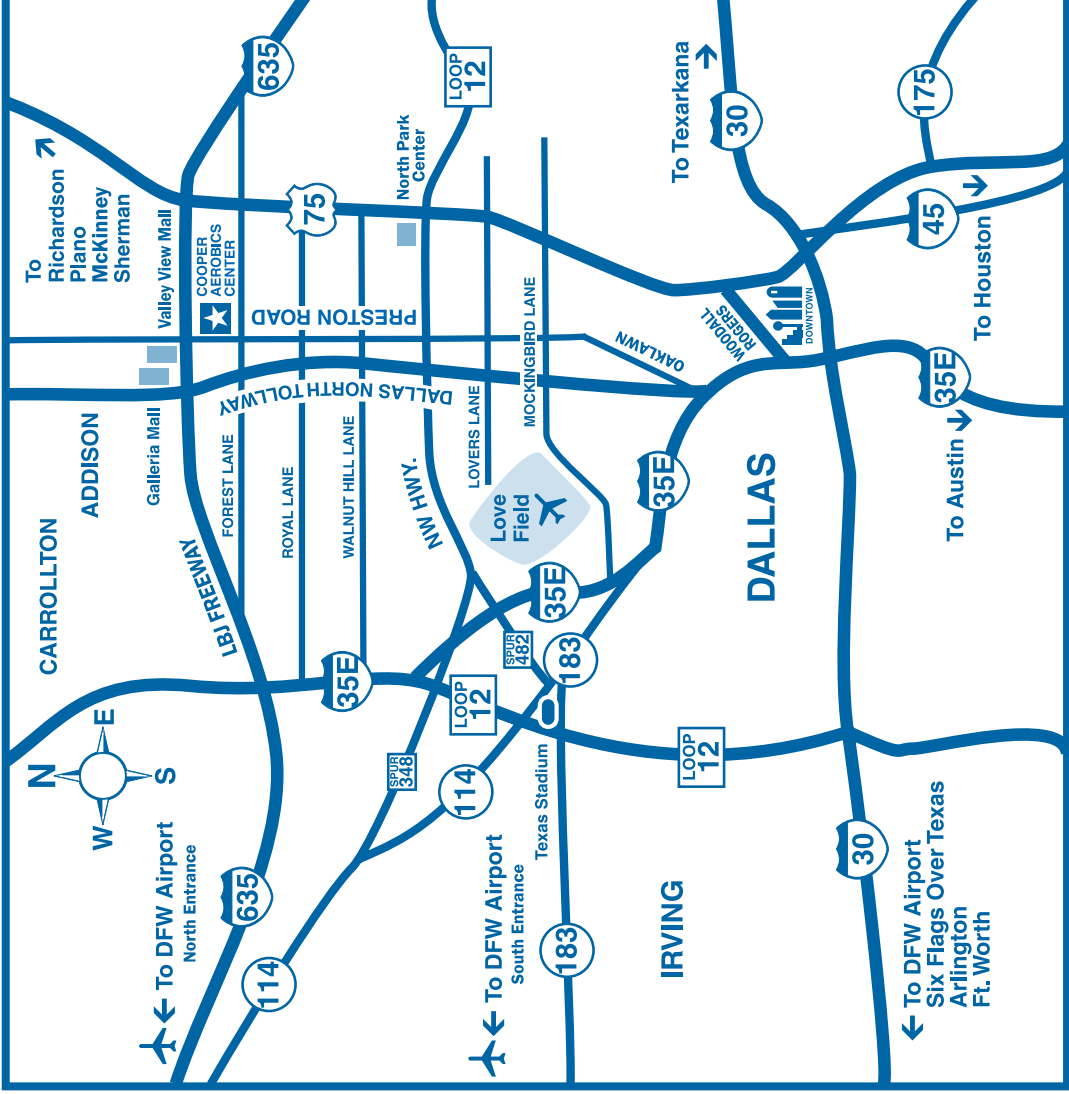
- 50 Foyer - Visitor Reception
- 51 Directors Room
- 52 Ruth Ray Hunt Library
- 53 Meyer Room (2<sup>nd</sup> floor)
- 54 Bohannon Hall
- 55 The Cooper Institute Bookstore
- 56 North Conference Room and Teaching Lab (2<sup>nd</sup> floor)
- 57 Exercise Physiology Lab (entrance)
- 58 Cooper Corporate Solutions
- 60 Cooper Clinic North - Patient Check-in/Reception Area
- 61 Cooper Clinic Dermatology
- 62 O'Brien Room (2<sup>nd</sup> floor)

### COOPER CLINIC GI/IMAGING CENTER

- 70 Patient Check-in/Reception Area

# Cooper Aerobics Center

12200 Preston Road • Dallas, TX 75230 • 972-560-COOP (2667) • 866-906-COOP • www.cooperaerobics.com



## From DFW Airport

Follow North Exit to I-635 East/LBJ Freeway. Exit at Preston Road and turn right (south). Cooper Aerobics Center is 5 1/2 blocks south of I-635 on the left (east) side of Preston Road.

## From Love Field Airport

Take Mockingbird Lane east to Dallas North Tollway. Turn left (north) on Tollway, exit Forest Lane and turn right (east). At Preston Road, turn left (north). Cooper Aerobics Center is 1 1/2 blocks north of Forest Lane, on the right (east) side of Preston Road.

## From Downtown

Take Central Expressway (75) north to Forest Lane exit. Turn left (west) on Forest Lane and turn right (north) onto Preston Road. Cooper Aerobics Center is 1 1/2 blocks north of Forest Lane, on the right (east) side of Preston Road.

## Dallas North Tollway

Exit Royal Lane if headed south OR Forest Lane if headed north. Turn east. At Preston Road, turn left (north). Cooper Aerobics Center is 1 1/2 blocks north of Forest Lane, on the right (east) side of Preston Road.

## Dallas Location Contact Information

<b>Cooper Clinic®</b>	972-560-2667	<b>Cooper Corporate Solutions</b>	972-560-3263
<b>Cooper Guest Lodge</b>	972-386-0306	<b>Cooper Concepts, Inc.</b>	972-560-2702
<b>Cooper Fitness Center®</b>	972-233-4832	<b>Cooper Weight Loss</b>	972-341-3251
<b>Cooper Wellness Program®</b>	972-386-4777	<b>The Cooper Institute</b>	972-341-3200
<b>Cooper Spa</b>	972-392-7729		

## Cooper Aerobics Center at Craig Ranch

**Cooper Fitness Center** • 7910 Collin McKinney Parkway • McKinney, TX 75070 • 214-383-1000 • 866-906-COOP (2667)  
**Cooper Spa** • 7910 Collin McKinney Parkway • McKinney, TX 75070 • 214-383-1010 • 866-906-COOP (2667)

**From Central Expressway (Hwy. 75) Northbound from Dallas**  
 Exit Stacy Road in Allen. Go west on Stacy, cross Hwy. 121, and turn left onto Collin McKinney Parkway. After crossing Alma Drive (traffic light), Cooper Aerobics Center at Craig Ranch is approximately 1/2 mile ahead on the right.

**From Central Expressway (Hwy. 75) Southbound from McKinney**  
 Exit Hwy. 121 South. Take Hwy. 121 South to Alma Drive (traffic light) and turn right (north). At Collin McKinney Parkway (traffic light), turn left and Cooper Aerobics Center at Craig Ranch is approximately 1/2 mile ahead on the right.

**From Dallas North Tollway/Hwy. 121**  
 Exit Hwy. 121 North. Take Hwy. 121 North approximately 7 miles. At Alma Drive (traffic light), turn left (north). At Collin McKinney Parkway (traffic light), turn left and Cooper Aerobics Center at Craig Ranch is approximately 1/2 mile ahead on the right.